

## BUMP

Jim Bowman

Divide into groups of three. Each person needs a stuffed animal and a location for the end of the race for depositing the object. Mark a circle on the floor with masking tape. One person tosses the animal to their two partners who are positioned about 15-20 feet away. The two try to trap the animal between their bodies. Hands and arms must be kept down at the side and cannot be used. The two catchers can use any other parts of their bodies to catch the object. Once the object is caught they then must move toward the "target" and drop the object in the center of the circle. The winning team is the first to get three objects in their circle.